**Books for Grieving Children**

Buscaglia, Ph.D, Leo: **Fall of Freddie the Leaf** (Poetic look at the life cycle and its meaning) All ages

Clifton, Lucille. **Everett Anderson's Goodbye** (Young boy experiences grief following the death of his father). Ages 3-9, Death of a Parent.

De Paola, Tomie (1983). **The Legend of The Blue Bonnet** (a cultural story about Native American Comanche beliefs and grief. She who was alone uses a doll, ashes, to help others and heal herself). Ages 6-10, Death of parents and grandparents.

Goldman, Linda.: **Children Also Grieve: Talking about Death & Healing** (Story about a dog in a family whose grandfather died; has room to create scrapbook). Ages 5-10 or **Bart Speaks Out** (An interactive story and workbook for children dealing specifically with a death by suicide using photos of dogs). Ages 3-10


Johnston, T. & Winter, J.: **Day of the Dead** (A village in Mexico prepares and celebrates this holiday which honors the memories of their loved ones). Ages 3-10


Mundy, M. (1998): **Sad Isn’t Bad: A good-grief guidebook for kids dealing with Loss.** (Permission to have feelings with some generalized spiritual undertones about God, prayer, and spirit). Ages 5-10.

Pastor, Melanie Joy. **Wishes for One More Day** (grandchildren make a scrapbook of wishes for one more day with grandfather, Jewish family traditions). Ages 3-11, Death of a Grandparent.


Schwiebert, P. and Deklyen (2006) **Tear Soup.** Ages 5-12 and 20 plus: Beautifully illustrated book about how grief is different for everyone, each person must create their own tear soup.

Sheppard, ACSW, Caroline. **Brave Bart** (a cat experiences both a post-traumatic stress reaction and grief following a bad, scary thing). Ages 3-14 *Can be ordered through WPS Western Psychological Services at 1.800.648.8857


* Wolfelt, Ph.D., Alan. **Healing Your Grieving Heart For Kids_ 100 Practical Ideas** (Ages 3-11).
Books for Grieving Teens and Tweens:


Wolfelt, Ph.D., Alan: Healing Your Grieving Heart For Teens. 100 Practical Ideas.

Books for Grieving Adults:


Buscaglia, Ph.D, Leo: Fall of Freddie the Leaf (Poetic look at the life cycle and its meaning) All ages


Didion, Joan (2005). The Year of Magical Thinking.


Jones, Linda L. (2007). It’s Only Temporary… A Journal for Surviving Loved Ones. To purchase, please contact info@manelockcommunications.com or www.manelockcommunications.com


**Recommended for Professionals & Parents of Grieving Children/Teens:**

Bode, Janet (1993).  *Death is Hard to Live With: Teenagers Talk about how They Cope with Loss.*


Rubel, Barbara. *But I Didn’t Get to Say Good-Bye* (A book for parents and professionals helping child suicide survivors; portions may be read aloud with older children)  Griefwork Center Inc, New Jersey.


**Books for Death of a Pet:**


Biale, Rachel. *My Pet Died (Let's Make a Book about It).*

Sibbit, Sally.  “Oh Where has my Pet Gone?”: a pet loss memory book. Ages 3-10


Rogers, Fred (1988) *When a Pet Dies*